How to Change Your Login Password? How to Reset a Forgotten Password?

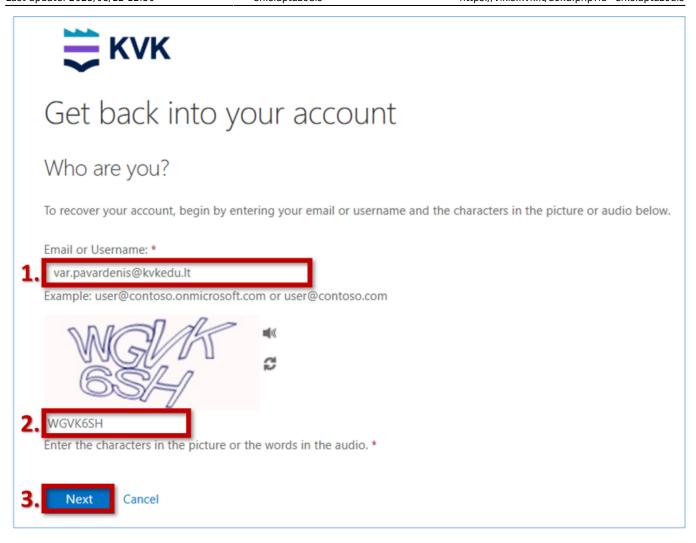


The methods described below cannot be used to change **passwords for DBSIS**, **ESAUGA**, **and the EDINA study system**. These systems have separate logins. You can change the DBSIS system password by following the instructions on the system's login page. For a forgotten EDINA password, you can contact via email: **edina@kvk.lt**.

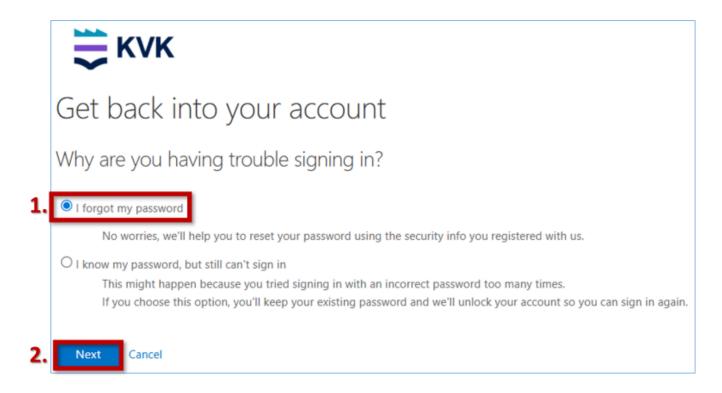
1. Log in to https://aka.ms/sspr (https://ssp.kvk.lt/) or select "Forgot my password" on the Microsoft 365 login page.



2. Enter your institutional email address (n.surname@kvk.lt or nam.surname@kvkedu.lt) and the provided characters in the designated fields. Click **Next**.



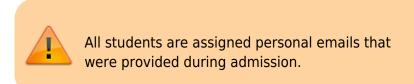
3. Select "I forgot my password" and click Next.



4. Choose how you want to change (reset) your password: using your **personal email** or **phone**

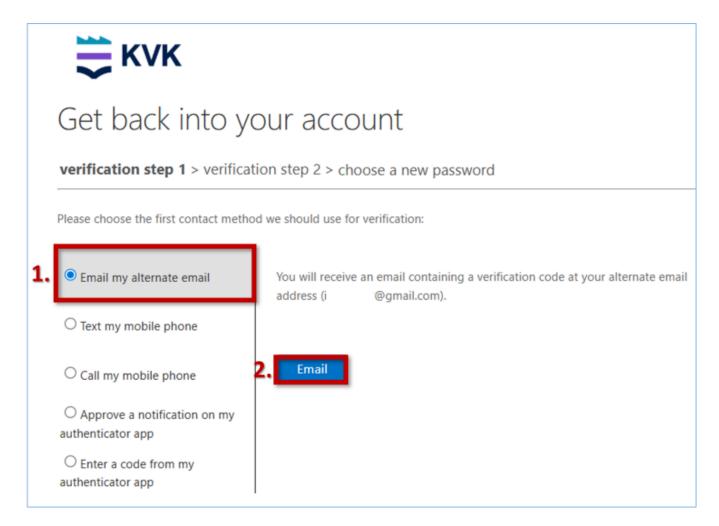
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number. Either method or both will work only if you have added additional **email (phone number)** to your account. You can update or add this information here: https://aka.ms/ssprsetup(https://sspsetup.kvk.lt/).

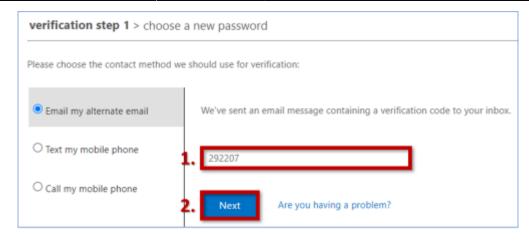


Changing (Setting) the Password Using a Personal Email

1. Select "Email my alternate email" and click Email.



2. You will receive an email with a **verification code** in your personal email inbox. Enter this code in the provided field. Click **Next**.

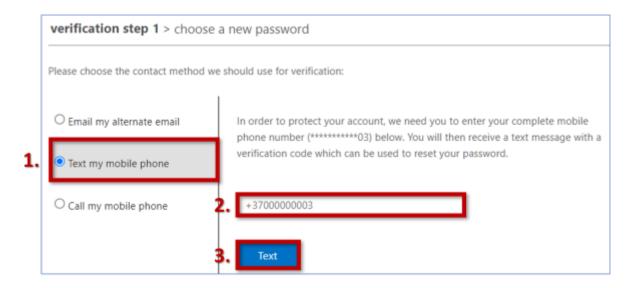


3. Enter a new password. The password must be at least 8 characters long (uppercase and lowercase letters, numbers, special characters). Click Finish.



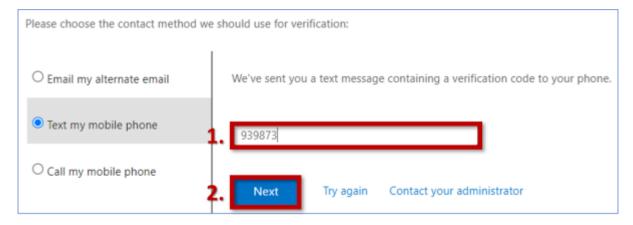
Changing (Setting) the Password Using a Phone Number

1. Select "Text my mobile phone". Enter your phone number starting with +370... and click Text.



2. You will receive an **SMS with a verification code**. Enter the code in the provided field and click **Next**.

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3. Enter a new password and click **Finish**.

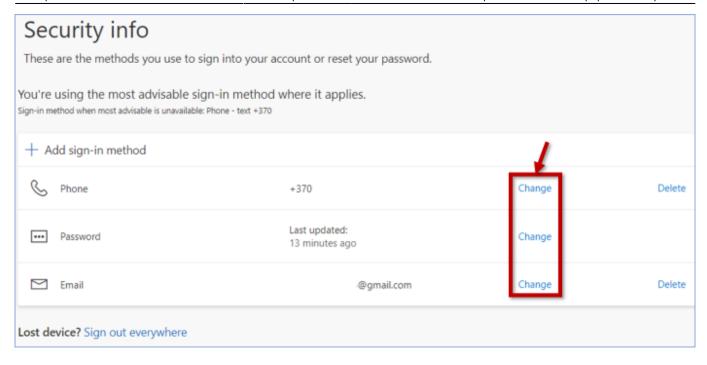


How to Change or Set Up Password Recovery Email or Phone Number?

You can update your password recovery methods information or add additional methods (phone number, email address, or authentication using the Microsoft Authenticator app) at any time.

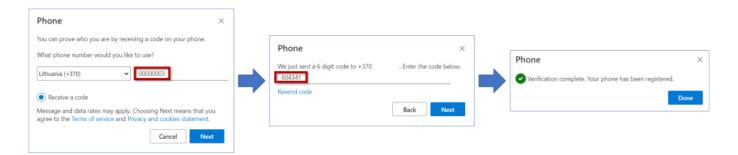
Changing Password Recovery Methods Information

- 1. Log in to https://aka.ms/ssprsetup (https://sspsetup.kvk.lt/).
- 2. Click **Change** next to the information you want to edit.



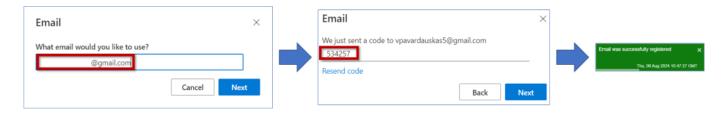
Editing Phone Number:

- 1. Enter a new phone number. Click Next.
- Enter the verification code received via SMS. If you didn't receive the code, click Resend code. Click Next.



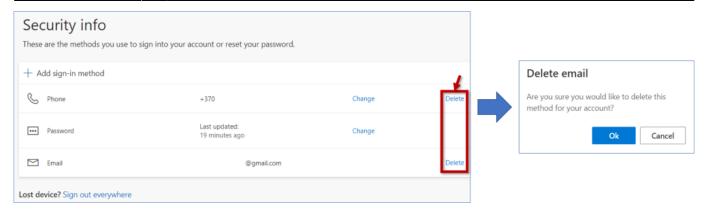
Editing Email:

- 1. Enter a new email address. Click Next.
- 2. Enter the **verification code** received in your email inbox. Click **Next**.

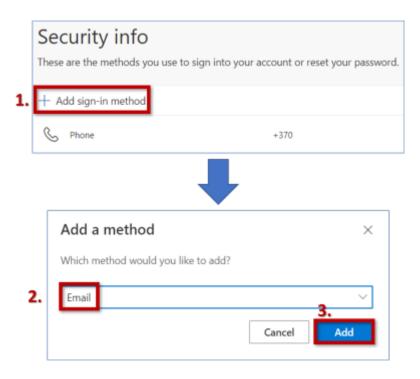


1. To completely remove a password recovery method, click **Delete** and then **Ok**.

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2. To add additional password recovery methods, click **Add sign-in method**, select the method you want to add, and click **Add**.





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